

Promoting Oral Health in Early Years



Checklist

Do you...

- ☺ Provide tooth friendly snacks and drinks in between meals?
- ☺ Offer a range of regular activities with the children about teeth?
- ☺ Share oral health messages with parents and carers?
- ☺ Have clear practices (written into policy/guidelines) about birthdays and celebrations to ensure they are tooth friendly?
- ☺ Support the children to brush their teeth once a day whilst at your setting?
- ☺ Support your staff team in knowing the basics around oral health?

Please visit the Downloads page, Early Years section for resources to help with these.