

Promoting Oral Health in Early Years



Checklist

Do you...

- ☺ Provide tooth friendly snacks and drinks in between meals?
- ☺ Offer a range of regular activities with the children about teeth?
- ☺ Share oral health messages with parents and carers?
- ☺ Have clear practices (written into policy/guidelines) about birthdays and celebrations to ensure they are tooth friendly?
- ☺ Support the children to brush their teeth once a day whilst at your setting?
- ☺ Support your staff team in knowing the basics around oral health?

Please visit the Downloads page, Early Years section for resources to help with these.

Is your setting based in Bedfordshire?

The Oral Health Improvement Team for Central and North Bedfordshire can support you with all of the above. If you are interested in training or would just like some support in promoting oral health, please email us:

ccs.oralhealthbeds@nhs.net