

The Day Surgery Unit for Adult Dental Services



Cambridgeshire Community Services NHS Trust: delivering excellence
in dental care across Cambridgeshire, Peterborough and Suffolk

(Name of Patient)

has been referred for dental treatment to:

The Treatment Centre
Addenbrooke's Hospital
Hills Road
Cambridge CB2 0QQ

Date: Time:

Please read this leaflet carefully and take note of the instructions on the inside pages. If you become ill or cannot keep this appointment for any reason please let us know on the following number: 01223 723100

Preparing for your appointment

If you have been given a medical questionnaire, we would ask you to deliver this form to your GP. Once completed please return to us at the clinic no later than two weeks prior to your appointment.

Instructions for Carers and Patients

- **Please arrive promptly so that the dentist and anaesthetist can examine you/the patient and consent forms can be signed.**
- It is important that the medical history form is completed by the patient's GP and returned to the above clinic at least 2 weeks prior to the appointment.
- The patient should have nothing to eat or drink after 3am on the day of the appointment.
- Essential medication should still be given. Please give at 6am and if necessary a small amount of water may be taken with tablets.
- Medication we consider necessary includes the following:
- Drugs for epilepsy
- Drugs for asthma

- Tranquillisers necessary to keep the patient calm.
- Treatment for digestion and heartburn.
- Antibiotics, especially if prescribed for a heart murmur.
- Please ensure that the patient is wearing loose clothing to allow us easy access to limbs for the attachment of monitoring equipment.
- All jewellery should be removed before treatment and ideally left at home, (if this is likely to cause distress, we will remove it when the patient is asleep and give it to the carer/parent for safe keeping).
- It is advisable that you do not bring large sums of money with you, as we are unable to accept responsibility for loss or damage to your property.
- If the patient is unwell in the preceding week, e.g. cough, cold, stomach upset etc and may not be fit on the day of the appointment, please contact us for advice or to reappoint.

Discharge: The average day surgery stay is half a day, but discharge times may vary according to the nature of your operation and sometimes there are unforeseen delays. Please bear this in mind when planning your day.

For 24 hours after dental extraction: Do not rinse today or touch the socket. Avoid having very hot food or drinks.

Bleeding: If bleeding starts again the patient should bite hard on a firm pad made from a rolled up clean handkerchief, sitting still for at least 10 minutes. If this does not work, repeat for 20 minutes. If this does not, check the bleeding, consult the dental surgeon, your own doctor or the accident and emergency department at your nearest hospital. Tell your dental surgeons about it next time you visit your surgery so that there may be special observation.

Pain: If the patient experiences pain, you may give them painkillers as directed on the bottle. **The patient should not be left on their own overnight**

For further information about this service contact:

The Dental Clinic, Brookfields Dental Services, Seymour Street, Cambridge, CB1 3DQ

Tel: 0300 555 6667 (Option 2 – Special Care appointments including Suffolk).

COVID-19: If you, or any member of your household, currently have COVID-19, or have been asked to isolate due to contact with someone who has COVID-19, please mention this when you call so that suitable adjustments can be made for your treatment.

Find us online at ***www. dentalhealthcareeoe.nhs.uk***

If you require this information in a different format such as in large print or on audio tape, or in a different language please contact the service on the details above.

To find out how we use what we know about you (Privacy Notice) or how to access our buildings (AccessAble), please visit www.cambscommunityservices.nhs.uk and follow the links or please contact us.



If you have any compliments about this service or suggestions for improvements, contact our Patient Advice and Liaison Service on 0300 131 1000 (charges may apply depending on your network) or email: ccs-tr.pals@nhs.net.

For free, confidential health advice and information 24 hours a day, 365 days a year please contact NHS 111.