

# The Day Surgery Unit for Children



Cambridgeshire Community Services NHS Trust: delivering excellence  
in dental care across Cambridgeshire, Peterborough and Suffolk

(Name of Patient) .....

has been referred for dental treatment to:

The Treatment Centre  
Addenbrooke's Hospital  
Hills Road, Cambridge  
CB2 0QQ

On: .....

Date: .....

Time: .....

**Please read this leaflet carefully and take note of the instructions on the inside pages. If your child becomes ill or cannot keep this appointment for any reason please let us know on the following number: 0300 555 6667 (Option 2 – Special Care appointments including Suffolk)**

### **Preparing for your child's appointment**

It's very important your child's stomach is empty before the operation. On the operation day your child must stop eating and drinking from midnight except water or squash (non fizzy) which your child can continue to drink until 6am. No other types of fluid are allowed. Your child must take nothing after this time.

### **Please could you also:**

- Bring all your child's medicines and inhalers with you
- Stay with your child for 24 hours following their operation
- Remove any make-up or nail varnish ahead of the day
- Leave valuables at home as we're unable to accept any responsibility for loss or damage to your property
- Travel home by car or taxi not public transport
- Only bring your child, no siblings
- Bring your child's favourite toy.

## **What will happen on the day?**

- Parents are encouraged to stay with their child.
- When you arrive you'll meet the nurses who'll prepare your child for surgery and anaesthesia.
- If you've not done so, you'll be asked to complete a pre-operative questionnaire and sign a consent form.
- You'll meet your child's surgeon and an anaesthetist.
- Please be aware your child's appointment time isn't the time of the operation and a wait will be involved.
- Your child's anaesthetic will be selected to ensure rapid recovery and may be given by mask or injection.
- You'll be able to stay with your child while they go to sleep.
- After about one hour, most children are ready to enjoy a drink.
- If necessary your child will be prescribed painkillers to take.
- Arrangements will be made for any follow up treatment required.
- Postoperative information will be given to you before leaving the Day Surgery Unit.

**Discharge** - The average day surgery stay is half a day, but discharge times may vary according to the nature of your child's operation and sometimes there are unforeseen delays.

**For 24 hours after dental extraction** - Don't rinse today or allow the child to touch the socket. Avoid giving your child hot food or drinks.

**Bleeding** - If bleeding starts again the patient should bite hard on a firm pad made from a rolled up clean handkerchief, sitting still for at least 10 minutes. If this doesn't work, repeat for 20 minutes. If this doesn't check the bleeding, consult the dental surgeon, your own doctor or the a&e department at your nearest hospital. Tell your dental surgeon about it next time you visit your surgery so there may be special observation.

**Pain** - If the patient experiences pain, you may give them painkillers as directed on the bottle. Children under 12 shouldn't be given aspirin or medicines containing aspirin.

## For further information about this service contact:

The Dental Clinic, Brookfields Health Centre, Seymour Street, Cambridge, CB1 3DQ

Tel: **0300 555 6667** (Option 2 – Special Care appointments including Suffolk).  
Find us also online at **[www.dentalhealthcareoe.nhs.uk](http://www.dentalhealthcareoe.nhs.uk)**

### COVID-19

**If you, or any member of your household, currently have COVID-19, or have been asked to isolate due to contact with someone who has COVID-19, please mention this when you call to book an appointment so that suitable adjustments can be made for your treatment.**

If you require this information in a different format such as in large print or on audio tape, or in a different language please contact the service on the details above.

To find out how we use what we know about you (Privacy Notice) or how to access our buildings (AccessAble), please visit [www.cambscommunityservices.nhs.uk](http://www.cambscommunityservices.nhs.uk) and follow the links or please contact us.



If you have any compliments about this service or suggestions for improvements, contact our Patient Advice and Liaison Service on 0300 131 1000 (charges may apply depending on your network) or email: [ccs-tr.pals@nhs.net](mailto:ccs-tr.pals@nhs.net).

For free, confidential health advice and information 24 hours a day, 365 days a year please contact NHS 111.